



a 501 (c) 3, non-profit organization

ANNUAL REPORT 2014



Since 1999



Message from Founder & President

Wendy Gladney Dean

Forgiving For Living, Inc. is pleased to present the following information for our 2014 Annual Report. Over the past 15 years we've had the honor of serving over 3,000 young ladies that come from low income and at risk communities. There are so many obstacles that our youth face today from gangs and community violence to lack of support in school, bullying, and human sex trafficking just to name a few.

Over the year we were delighted to participate in learning how to support our girls who are interested in sports through the Los Angeles Dodgers. We also participated in the "Day of the Girl" event that happens each October and were able to take them to an LA Sparks Game courtesy of Verizon.

Our girls supported the #BringBackOurGirls campaign by writing letters to Congresswoman Karen Bass in support of standing with the girls abducted in Nigeria. We did outreach and classes at the Venice Boys & Girls Club and other local organizations. We are also humbled to have been honored and recognized for the work we do in the community by Friends of Sisters at the Well at their annual "We See You Awards" held at the Skirball Center in Los Angeles, and also by Recycling Black Dollars at their annual affair held at the African American Fire Fighters Museum.

Forgiving For Living, Inc. is a non-profit organization committed to making the lives of disadvantaged and at-risk young ladies between 13-18 better by providing them with the necessary tools to have a fighting chance. According to statistics from the U.S. Department of Health & Human Services and the Office of Adolescent Health, there are approximately 27 births for every 1,000 females under the age of 18. Sad to say, in the communities we serve the rate is even higher. Teen pregnancy and school drop-out rates continue to rise and if we want to break this cycle, we must provide them with options so they can make wise choices and better decisions.

It is our goal to bring awareness of current issues and challenges facing teens and provide educational resources and tools to assist our community in helping teens face and conquer these ever increasing challenges. Some of these tools include workshops on financial literacy, college readiness, self-esteem and life skills.

On behalf of the Board of Directors, and our Advisory Council, we want to thank all of our sponsors and supporters for helping us make a difference.

Sincerely,

Wendy Gladney Dean
President



About Us

Forgiving For Living, Inc. was incorporated in 1999 by Wendy Gladney Dean to help women and girls who suffer from abuse, abandonment and low self-esteem. Coming from a childhood filled with sexual abuse by her father and abandonment by her birth mother, Wendy decided that she wanted to dedicate part of her life to helping others learn how to forgive so they could heal and move forward to enjoy a full and productive life.

Through the years Wendy has also experienced divorce, cancer, single parenting and building a business while taking care of her two children. Wendy viewed life's challenges as stepping stones instead of stumbling blocks to help teach others how they too can overcome and be successful. Out of the ashes she developed ten steps that have been a cornerstone in the "Healing Without Hate: How To Forgive To Live" process.

FORGIVING FOR LIVING PROGRAMS

- ▶ Ambassador Program Mentoring
- ▶ Workshops & Annual Conference
- ▶ Resource & Referral Directory
- ▶ Annual PLUS Awards

"Forgiveness is not an occasional act...it is an attitude."

- Dr. Martin Luther King Jr.





Hannah Diaz,
a scholarship recipient,
tells our guests at the
2014 PLUS Awards
her story and testimony
of how Forgiving For Living
has changed her life.

OUR MISSION

Forgiving For Living, Inc. (FFL) was founded in 1999 with the mission to help at-risk girls between the ages of 13-18 overcome behavioral and mental health issues in addition to low self-esteem due to depression, abuse and/or abandonment. We help provide the necessary tools to live a healthy life through our Ambassador Program, workshops and annual Conference which offers mentoring and life skills. To date, we've touched the lives of over 3,000 girls.

OUR VISION

The Vision of Forgiving For Living, Inc. is to give our girls hope and purpose through understanding the power and importance of forgiveness. We hope to restore one's self esteem, self-confidence and provide tools for a better and more productive life.



BOARD OF DIRECTORS

FOUNDER & PRESIDENT

Wendy Gladney Dean

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Sarah R. Harris

President/Publisher, SuiteEvents

BOARD VICE CHAIR

Lauren Walton, MD

Psychiatrist

BOARD TREASURER

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Director, INROADS

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Sabra Marie

Freelance Photographer & Events Manager

MEMBER

Eric R. Brown

Director, Legislative & Intergovernmental Relations,
Housing Authority, City of Los Angeles

ADVISORY COUNCIL

Charisse Bremond-Weaver – President & CEO, Brotherhood Crusade

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David Cunningham Jr. – President, Cunningham and Associates

Karen E. Hudson – Director, Paul R. Williams Architectural Collection

Ms. Shabazz – Author and Speaker

Michele G. Turner – Executive Director, USC Black Alumni Association



PROGRAMS

AMBASSADOR PROGRAM

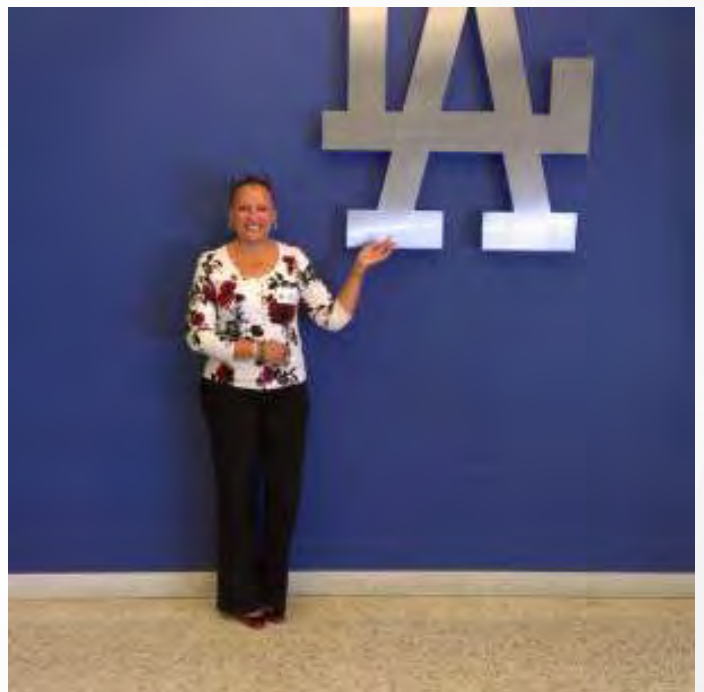
Forgiving for Living selects girls, ages 13-18, to participate in the FFL Ambassador Program. As an FFL Ambassador, the young ladies are mentored in the areas of Forgiveness, Life Skills, Community Involvement, Social Etiquette, and Educational Responsibility.

The FFL Ambassador Program provides each young lady a one-on-one relationship with a successful professional woman for the period of 1 year. During this time the Ambassador will receive an enriched, hands-on relationship with their mentor to provide potentially positive life-changing experiences for both parties.

Ambassadors are mentored individually and conduct community outreach in the greater Los Angeles area and Inland Empire.

All FFLAP mentors are required to administer one-on-one mentoring, attend FFLAP Kick-Off and a monthly workshop, take mentee to observe mentor work environment, and participate in our annual PLUS Awards.







PROGRAMS



JORDAN DOWNS HOUSING PROJECTS (SINCE 2011)

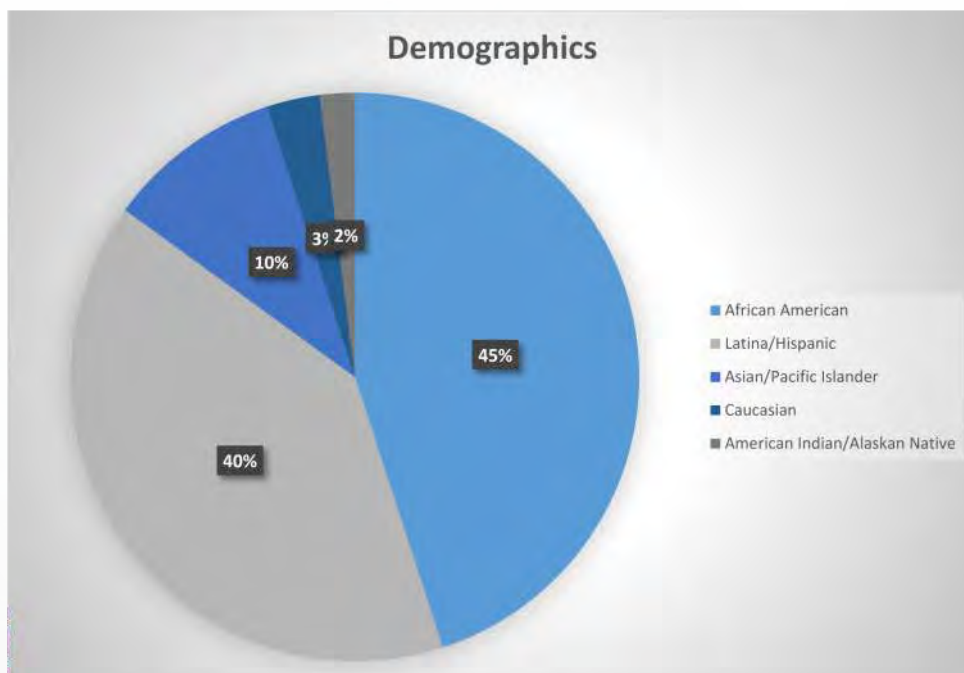
THE CENTER FOR LEARNING & UNLIMITED EDUCATIONAL SUCCESS, INC. (C.L.U.E.S.)

Forgiving For Living, Inc. provides an approved on-going curriculum to young ladies in both the Los Angeles & San Bernardino Counties. The curriculum focuses on helping restore and build up the self-esteem of at risk girls who may have a difficult time believing in themselves. We also believe it is important to provide them with mentoring and life skills that will carry them beyond high school and college. These skills include financial literacy, as well as exposing them to resources and opportunities to increase their success in life. Upon completing the necessary steps and requirements the young ladies can qualify and apply for an academic scholarship.



PROGRAMS BY THE NUMBERS

(youth ages 12-18 served in 2014 total 300-350)



20%

of the girls
we serve are
part of the

**LGBT
COMMUNITY**

EVENTS

ANNUAL PLUS AWARDS

The PLUS Awards links together gatekeepers in the political, corporate and community arenas and advocates to recognize their achievements and efforts in making a difference in the lives of others. The PLUS Awards is an annual fundraiser that benefits Forgiving For Living, Inc., a nonprofit organization designed to give solutions to issues of hate, anger, bitterness and the inability to forgive. FFL's objective is to help promote and restore mental wellness and provide mentorship to individuals who have dealt with issues of abuse, abandonment, and low self-esteem while aiding in the restoration of one's self-confidence and direction in life on the path to forgiveness.

2014 HONOREES

President's Award

Darrell R. Brown, Senior Vice President, U.S. Bank

Community Honorees

Jeffrey Coprich

Inner City Youth Foundation

Tulani Watkins

USC Black Alumni Association

Marva Smith Battle-Bey

Vermont Slauson Economic Development Corp

Angela Reddock-Wright

Attorney

Hon. Aja Brown

Mayor, City of Compton

PROGRAM PARTICIPANTS

Mistress of Ceremonies

Hetty Chang,

Reporter, NBC4 Southern California

Invocation

Katherine A. Hawkins

Glenkirk Church Glendora, CA

Entertainer

Marilyn McCoo Davis

R&B Recording Artist

Entertainment

Cheryse McLeod-Lewis

Actress, Singer and "Porgy & Bess" Cast Member

Forgiving For Living, Inc.

2014 *Plus* AWARDS BRUNCH & AUCTION

SATURDAY, APRIL 19, 2014
11:00AM - 2:00PM

President's Award
Darrell R. Brown
SENIOR VICE PRESIDENT
U.S. BANK

Community Awardees:
Jeffrey Coprich, Sr. (Inner City Youth Foundation)
Tulani Watkins (USC Black Alumni Association)
Marva Smith Battle-Bey (Vermont Slauson Economic Development Corporation)
Mayor Aja Brown (City of Compton)
Angela Reddock-Wright, Esq. (The Reddock Law Group)

Wendy Gladney Dean, President & CEO

Hetty Chang, Reporter, NBC4 Southern California

Beverly Wilshire
A FOUR SEASONS HOTEL
9500 WILSHIRE BOULEVARD | BEVERLY HILLS, CA 90212

SPONSORED BY: [Logos for various sponsors including USC, Edison, US Bank, etc.]

Register online at: www.ForgivingForLiving.org
Call 951.313.4732 or email forgiving4living@aol.com for more information.





HEALTHY, WEALTHY & WISE CONFERENCE

The Healthy, Wealthy, & Wise Conference is an Annual event designed to provide information and awareness in the areas of developing and leading healthy lifestyles, fitness & nutrition, financial literacy, college preparedness, self-esteem, and goal setting. Working professionals donate their time by providing valuable tools and knowledge in their areas of expertise in our workshops. These tools and information are provided to assist the youth with making wise choices in life.

Forgiving For Living, Inc.
a 501(c)(3) nonprofit organization

PRESENTS ITS
3rd Annual
HEALTHY, WEALTHY & WISE
Conference

SPONSORED BY
WELLS FARGO EDISON usbank Verizon

Opening Speaker
Krista Phipps
Public Affairs Manager
Southern CA Gas Company

Keynote Speaker
Nichol T. Whitman
Executive Director,
Los Angeles Dodgers Foundation

Continental Breakfast
Lunch
Vendors
Workshops
Speakers

Conference Host
Wendy Gladney Dean
President & CEO

Saturday
SEPTEMBER 13, 2014
8:00AM - 2:00PM
RADISSON HOTEL LOS ANGELES
MIDTOWN AT USC
3540 SOUTH FIGUEROA STREET
LOS ANGELES, CALIFORNIA 90007

This Conference is **FREE**
to all young ladies 13-18!
But you **MUST RSVP!**

RSVP ONLINE AT:
WWW.FORGIVINGFORLIVING.ORG

TO INQUIRE ABOUT RSVPS OR VENDOR SPACE, PLEASE CONTACT
WENDY GLADNEY DEAN 951.313.4732 | FORGIVINGALIVING@AOL.COM

PROGRAM PARTICIPANTS

Opening Speaker

Krista Phipps

Public Affairs Manager, Southern CA Gas Company

Keynote Speaker

Nichol T. Whitman

Executive Director, LA Dodgers Foundation

Entertainment

Lula Washington Dance Theatre Group

Workshop Speakers

Sheri Betts, VP of Consulting, Western Region Pathfinder

RJ Jackson, Coach

Janet Savage, Founder, Kitchen Table College Consulting

Wenonah Valentine, Founder, iDream For Racial Equity

AJ Whitman, Wells Fargo

Kerri Zane, Author, Speaker, Life Coach

Debbie E. Lumpkin, Partner, Debbie E. Lumpkin Consulting

Gretchen Ratcliff Sawyer, College Prep Strategist

John Burden, Branch Manager, U.S. Bank

Jacques McNeil, President, W.I.T.N.E.S.S. Book Club

Stephanie Haynes, Coach

Jawana McFadden, Recruiter / Military Recruiter, SCE

Michael C. Flores, PhD, Professor, Cypress College

Crystal Mitchell, Coach

Kelly Redmond, Executive Director,

Impact Media & Entertainment Coalition

Financial Review

INCOME

Net Assets carried over from 2013	\$16,892
Income for 2014	92,638
Total 2014 Income	\$109,530

EXPENSES

Salaries & employee benefits	\$0
Professional Fees/contractors	\$285
General & Administrative	\$3,109
Programs, Services & Scholarships	\$99,778
Total 2014 Expenses	\$103,172

Ending Balance	\$6,358.00
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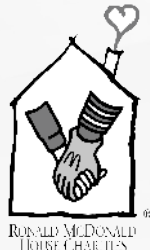


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promoting equity, advocacy and access



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For more information
about our programs,
visit us online at:
www.forgivingforliving.org

Forgiving For Living, Inc.

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